Students often have expressed the frustration of studying for a math test and then not doing well. The problem is not just anxiety, poor teaching methods, etc, but how the student prepares for the exam.

* Be aware that studying math in college is very different from high school
* Anxiety can be eliminated by proper preparation for exams

1. **Study the Table of Contents**
   - outline of topics
   - preview of chapters

2. **Learn the Terms (Math words)**
   - use terms while doing homework
   - be able to recognize the terms

3. **Learn the Rules**
   - write the rules on 3 x 5 note-cards
   - carry note-cards for frequent review

4. **Compare Sections**
   - note how the problems change
   - note how the rules change or add on to previous rules

5. **Study by Teaching**
   - explain concepts out loud to a friend

6. **Make and Take a Practice test**
   - make a trial test two days before the exam
   - time yourself
   - check answers after you complete the test
   - correct errors

7. **Work Word Problems**
   - read problems several times
   - identify type of equation
   - identify the unknown
   - verify solution
   - answer the questions precisely

8. **Additional Tips**
   - commit to tutoring early and often: 2nd floor, Lee Hall
   - commit to joining a study group: 2nd floor, Lee Hall
   - commit to studying math two hours a day