

By your sophomore year, you will have a better understanding of your major choice. To stay on track with your career plan, it is important to be actively involved in your academic planning and career development. This is the time to begin researching and testing the exciting possibilities that await you upon graduation.

### Academics

- After having completed your first full year of college, evaluate if your academic performance is in line with the major you have chosen.
- Talk to your Academic Advisor about your academic progress and evaluate the courses you have left to take.
- Revisit the department website of the major you are pursuing or wish to pursue.
- If you are still unsure about your major, continue to visit the Career Counseling Center for assistance. Ask about additional Testing.
- Develop a good rapport with faculty, especially in your major, administrators and supervisors for positive references.

### Extracurricular

- Continue involvement in extracurricular, service learning and volunteer activities, consider leadership opportunities.
- If you have not joined any school organizations, consider joining organizations that would enhance your social and career life.
- Work on projects that require teamwork.

### Career

- Make an appointment with the Career Counselor in the Career Counseling Center in 110 Lee Hall. Go over your academic progress and your career goals with the counselor. Be sure you are on the right track! Revisit your CHOICES profile to research and explore career options.
- Begin a career file that includes any honors, awards, references or extracurricular activities that you may later want to include on a resume. Visit Career Services to begin a professional resume.
- Talk with a Career Services staff member about how to make contacts with professionals in an area of interest and how to conduct an information interview.
- Look for a part-time or summer job to gain valuable experience; use Career Services Online.

Action Steps	
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### Notes

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