

The first year of college is an exciting transition. The career focus of the first year is on exploring and selecting a major. Choosing a major involves several steps that include getting to know yourself, understanding your interests and abilities, and narrowing your list of possible major choices. Academic advising and career planning offer personalized attention that will help you with this major decision.

Academics

- Declare an initial major and enroll in core courses.
- To declare or change your major, visit the Academic Success Center in Lee Hall Room 114.
- If you are having difficulty selecting a major, meet with the Career Counselor in the Career Testing Center, 110 Lee Hall for guidance.
- If you have already selected a major get to know your Academic Advisor. Advising for the Spring 2011 semester begins the week of October 18th.
- Meet with your professors and take advantage of office hours.
- If you are having trouble in any of your classes, visit the Learning Center, Lee Hall 2nd floor for assistance.

Extracurricular

- Get involved in extracurricular activities on campus that will offer leadership roles in the future, <http://ulstudentlife.com>.
- Seek out student organizations within to major. These organizations will allow you an opportunity to explore career options and network.
- Consider serving your community through one of the many volunteer opportunities offered on campus or within your community.

Career

- Visit the Career Counseling Center in 110 Lee Hall. Take the free CHOICES career test available in the center. Additional tests also available.
- Make an appointment to talk to the Career Counselor in 110 Lee Hall to talk about your career plan and goals.
- Consider registering for ACSK 140 "Career Decision Making" class. This is a 1 hour CR/NC course taught primarily online.
- Browse the Career Counseling website and look at Career Opportunities that show how you can use the majors offered at UL Lafayette, studentsuccess.louisiana.edu/career
- Create a profile in Career Services Online to start a relationship with Career Services, <http://careerservices.louisiana.edu>.

Action Steps

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Notes
